

Things I Cannot Change or Control

Not My File

I cannot change or control...

- My feelings
- Other people's feelings
- Other people's choices or actions
- Other people's accomplishments
- The past
- What hasn't happened yet

Created in collaboration
with Hendricks.com



Things I Can Change or Control

My File

I can change or control...

- My choices
- My actions
- How I respond

Created by Alternavida.com

